

## Omega Offering Primary & Dual Diagnosis Housing

We Are Now Accepting Insurance



### Our Office in South Austin

1710 Evergreen Ave  
Suite B  
Austin Texas 78704  
512-456-9373  
[omegarecovery.org](http://omegarecovery.org)



### Omega Recovery & BridgeWay Sober Living

With our current **8 houses** conveniently located downtown Austin, Tx, we now offer graduate homes, Dual Diagnosis and Extended Care homes! All our homes come with a personal YMCA membership downtown, monthly maid service, a strong supportive 12 step recovery staff, and a convenient IOP location downtown for any of our clients looking to further their treatment, therapy and development.



### Omega Recovery & Our Duality of Services

Omega Recovery offers separate homes, Primary Addiction, Dual Diagnosis and **Extended Care**. What that means, is we have male and female houses that fit every persons need, whether it's a graduate home, a dual diagnosis home, or an extended care home. We offer an experiential based outpatient program that focuses on treating underlying issues, trauma, and addiction, with 3 separate tracks.

**We Now Accept Insurance**



The Omega Recovery team would like to thank everyone for their support. We are proud to announce that we are now approved to accept [insurance](#). We are very excited, as this milestone will extend our reach exponentially and enable us to help a myriad of more people. Accepting insurance will augment our ability to intake those in need, that we may not have been able to help in years past. Again, thank you for your support as we work to continuously improve upon our world class set of standards.



## Glow Kids

Hello Alumni et al, for those who don't know me, my name is [Dr. Nicholas Kardaras, Ph.D., LCSW-R, CEO/Founder of Omega Recovery](#).

I'm a psychologist who is considered one of the nation's leading experts on addiction, mental health as well as the treatment of young people (teens and millenials) and just recently moved to Austin to open **Omega Recovery & Counseling**. I've appeared on numerous national TV news shows like *Good Morning America*, *CNN*, *ABCs 20/20*, *Fox & Friends* (see links below) and have written for *Scientific American*, *TIME Magazine*, *FOX News*, and have authored the best-selling book "Glow Kids" that explores the impact of technology on mental health. I'm also a former Clinical Professor at Stony Brook Medicine and have provided mental health services to school districts and worked with over 2,000 adults and young people over the last 18 years. If you're interested in learning more, please visit [www.omegarecovery.org](http://www.omegarecovery.org)

Omega Recovery | 512-456-9373

